**Guard Your Heart**

Proverbs 4:23

23*Above all else, guard your heart,  
    for everything you do flows from it*. Proverbs 4:23

Does God expect us to take responsibility for other people’s lives? \_\_\_\_\_\_

**Two things every healthy relationship needs** …

14The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth. John 1:14

1. How is \_\_\_\_\_\_\_\_\_\_\_\_\_ displayed in relationships?

10Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms. 1 Peter 4:10

1. How is \_\_\_\_\_\_\_\_\_\_\_\_\_\_ displayed in relationship?

15Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. Ephesians 4:15

**Two things that break relationships** …

1. When people are \_\_\_\_\_\_\_\_\_ of \_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. When people are \_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery*. Galatians 5:1

**Two ways people control** …

1. Control by \_\_\_\_\_\_\_\_\_\_\_\_\_
2. Control by \_\_\_\_\_\_\_\_\_\_\_\_\_

**Restoring balance in relationships** …

1. Love others without \_\_\_\_\_\_\_\_\_\_\_\_ them

2*Carry each other’s burdens, and in this way you will fulfill the law of Christ.*

*5for each one should carry their own load*. Galatians 6:2 & 5

1. Learn to \_\_\_\_\_\_\_\_\_\_\_\_\_ in love

**Skills in restoring balance** …

1. Start from a \_\_\_\_\_\_\_\_\_\_\_\_\_ of love

34“*A new command I give you: Love one another. As I have loved you, so you must love one another*. John 13:34

1. Say “No” when it is best to say \_\_\_\_\_\_\_\_

*37All you need to say is simply ‘Yes’ or ‘No’; anything beyond this comes from the evil one*. Matthew 5:37

1. Give consequences if \_\_\_\_\_\_\_\_\_\_\_\_\_\_

19A hot-tempered person must pay the penalty;  
   rescue them, and you will have to do it again. Proverbs 19:19